Kansas City Hospice
& PALLIATIVE CARE

FOR IMMEDIATE RELEASE:

KCH Volunteer Recognized for Kindness in Action

KANSAS CITY, Mo., March 7, 2025 - Seven Days organization recognizes individuals throughout Kansas City who have gone above and beyond.

Make a ripple, change the world. It's a powerful mantra that defines SevenDays®, a local Kansas City organization whose mission is to overcome hate by promoting kindness and understanding through education and dialogue.

Through its Kindness in Action annual award, SevenDays recognizes those in our community who have demonstrated kindness through their actions and words during the past year.

This year, voracious Kansas City Hospice & Palliative Care (KCH) volunteer and KCH Foundation Board Member Carol Barnett will be honored with a 2025 Ripple of Kindness Award. Carol will be recognized on Wednesday, April 2, during the annual Cultivating Kindness Breakfast.

Carol, **a KC native,** has worked tirelessly as a volunteer to further the KCH mission since 2006. She has twice served as co-chair of KCH's signature fundraising event, Sunday Night Live, served on the capital campaign committee to build Kansas City Hospice House, and is now an active member of the KCH Foundation Board. Now donating 40+ hours of her time each week in almost every volunteer role, you can find Carol welcoming families at NorthCare Hospice House, Kansas City Hospice House™ and Solace House center for grief and healing. In her favorite role as a patient care volunteer she sits with patients, giving their primary caregivers a needed break. Carol is considered by many to be the fiercest of patient and family advocates, sharing the stories of her experiences everywhere she goes.

In her own words, Carol says, "So often when I meet others and they ask what I do, I proudly reply that I'm a full-time volunteer with Kansas City Hospice & Palliative Care. The typical response I hear is, "Isn't that depressing?" My reply is that it is the most fulfilling way I could ever imagine spending my day. As a respite caregiver, I'm allowed into a family's life and am instantly trusted at a time when they are on the emotional fringe—I see the connection as a truly sacred privilege."

We congratulate Carol for this impressive and uplifting award and share in the community's celebration of her many acts of compassion, advocacy and kindness.

About Kansas City Hospice & Palliative Care

The mission of Kansas City Hospice & Palliative Care is to bring expert care, peace of mind, comfort, guidance, and hope to people who are affected by serious illness or by grief. And, our vision is each person in our community is valued from life through death and each family is supported in their grief. The team of caring and trained professionals is considered the leader and innovator in palliative and end-of-life care in this region. We are also the area's only provider of comprehensive community-based grief support services. More than 300 volunteers assist in many roles, including administrative duties and working with patients and families.

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